Hammer Circle Reunion Invitation
Saturday 24th & Sunday 25th September 2016
Ashton Playing Fields, Woodford Green, IG8 8AA

After last year’s successful event, we return to the Ashton Playing Fields with the use of Woodford Green and Essex Ladies Clubhouse. The Reunion will take its usual format with hammer and weight competitions on both days, a Test Quadrathlon and the AGM on Saturday and the presentation of awards on Sunday afternoon. This year we have arranged an evening meal (with bar) at the Clubhouse and the Dennis Cullum Memorial Lecture. Once again we look forward to welcoming new and old faces from the local area as well as the long standing members for another hammer enthusiast’s weekend.

The 2016 Annual General Meeting will be held at 16:00 on Saturday 24th September 2016 in The Clubhouse of Woodford Green & Essex Ladies AC.

Serving Officers 2015/16:-
President – Pete Aston
Secretary – Ian Tempest
Chairman – Dave Smith
Treasurer – Diane Smith
Young Ambassador – George Marvell
Winter Handicap Secretary – Tracey Gould

Apart from the President, all positions on the Committee are held for one year so any new proposals, nominations for officers or items for the agenda to be sent to the Secretary, Ian Tempest, 56 Celtic Close, Acomb, York, YO26 5QJ Tel: 01904 790632 / 07821 926553 by Friday 16th September 2016. ian.tempest1@btinternet.com

Last year George Marvell was appointed to a newly created position on the Committee as Young Ambassador. George’s role is to be the ‘voice of the younger members at the AGM’ and welcomes any input or matters from the younger members. George can be contacted by e-mail at: claremervell@btinternet.com

Hotels
Once again it has not been practical for the Hammer Circle to make any arrangements with local Hotels at this venue. Members must make their own hotel bookings and are strongly advised to select a ‘flexible’ rate which can be amended or cancelled at a later date if required. The two Hotels closest to the Stadium are:-

The Hallmark London Chigwell Prince Regent
Formerly the Menzies Prince Regent which has been refurbished since last year. A four star Hotel which is reflected in the price:- http://www.hallmarkhotels.co.uk/hotels/chigwell

Travelodge London Chigwell.
Basic accommodation without meals although shares the site of the ‘Three Jolly Wheelers Pub/Restaurant’. Travelodge breakfast options are all ‘in a bag’ but bacon or sausage
butties will be available at the Clubhouse both mornings. Please advise on the booking form if you require breakfast in the Clubhouse as we need to cater for this independently.

Note: If booking the Travelodge and unsure whether to stay one or two nights then it is advisable to make a separate booking for each night which can easily be cancelled if required. Two nights on one flexible booking can be impossible to amend if the Hotel is full.

Travelodge London Chigwell:
http://www.travelodge.co.uk/hote.../454/London-Chigwell-hotel...

Three Jolly Wheelers
http://www.vintageinn.co.uk/content/vintage-inn/en/restaurants/london/thethreejollywheelerschigwell

Please note that there are no special Hammer Circle rates at these Hotels and the Hammer Circle accepts no responsibility for hotel bookings or cancellations.

Saturday Evening Meal
A three course evening meal is arranged at 7.30pm in the Clubhouse at a cost of £25 per person to be paid in advance along with the choices from the menu on the booking form. The dress code is Lounge suits although gents trousers/shirt & tie is acceptable. The Dennis Cullum Memorial Lecture will be held after the dinner.

Competitions
In order to accommodate as many athletes as possible it is necessary to restrict throwers to one open competition per day plus one weight comp over the weekend. To assist with numbers please indicate your intention to compete on the booking form. Throwers can use whichever weight of implement they wish on the day and results will go on Power of 10. We have a full complement of qualified local officials from the Club and EDM will be used at both competition areas

Test Quadrathlon
The Test Quadrathlon was very popular last year and is offered again on the Saturday afternoon. The test quad consists four disciplines: standing long jump, three bunny jumps, 30m sprint and overhead shot. Each distance/time is logged and points scored accordingly. This will clash with the Saturday pm weight throw so it is not possible to do both.

Provisional Timetable

Friday
12.00 Hammer Circle Golf Tournament

Saturday
09:00 Arrivals in the Clubhouse – welcome and introductions 9.30
10:00 Open competitions - both circles
12:30 Hot Lunch (refreshments available all day)
13:00 Ian Tempest’s 2016 Stat Chat
13:45 Group Photograph
14:00 Weight competition, training/coaching opportunity or Test Quad
16:00 AGM
17:00 Vacate the Clubhouse
19:00 Return to Clubhouse for evening meal served at 19:30
20:45 The Dennis Cullum Memorial Lecture
Sunday
09:00 Arrivals
10:00 Hammer and Weight Competitions, training / coaching opportunity
13.00 Hot Lunch (refreshments available all day)
14.00 Presentation of Awards
15.00 Presidents closing speech and depart

Cancellations
If you are unable to attend any part of the weekend we will return all of the money paid to the Hammer Circle providing we have prior notification (up to Wednesday 21st September).

No gate crashers please. All throwers, coaches, parents or supporters attending are part of the Reunion experience and must be booked in. As a non-profit making event it is only fair that everyone contributes to the cost of staging the weekend.

The Hammer Circle cannot be held responsible for the welfare of younger members outside of the Stadium/Clubhouse. The final timetable will be confirmed and distributed with relevant information to those attending nearer the time including a map of the area with Hotels & Stadium marked.

As this will be the last weekend of the 2016 season it is predicted that the competitions will be extremely popular. The maximum number of throwers we can accommodate is forty four so it is advisable to **book your place early to avoid disappointment**.

We look forward to welcoming you to Woodford Green for an enjoyable and informative weekend.

Diane Smith
Hon Treasurer
283 Ings Road
Hull
East Yorkshire
HU8 0NB

01482 703532 - 07837 691125
treasurer@hammercircle.com

---

**Hammer Circle Golf Tournament**

Paul Head has kindly offered to organise the annual Hammer Circle Golf Tournament on the afternoon of Friday 23rd September. All those interested in playing to contact Paul directly either by email paul.head@royalmail.com or phone 07515 457428 / 01375 408116.