

CAU (INTER-COUNTIES) CHAMPIONS - HAMMER

1934	John Dalenz	Surrey/USA	43.56
1935	Jim Rioch	Middlesex	44.81
1936	John Dalenz	Surrey/USA	44.55
1937	Norman Drake	Nottinghamshire	43.94
1938	Norman Drake	Nottinghamshire	43.13
1939	John Dalenz	Surrey/USA	43.75
1947	Jerzy Kordas	Nottinghamshire/POL	51.49
1948	Norman Drake	Nottinghamshire	47.95
1949	Ewan Douglas	Surrey	49.71
1950	Peter Allday	Middlesex	49.28
1951	Peter Allday	Middlesex	51.16
1952	Ewan Douglas	Surrey	50.65
1953	Ewan Douglas	Surrey	50.19
1954	Don Anthony	Hertfordshire	51.59
1955	Don Anthony	Hertfordshire	54.69
1956	Don Anthony	Hertfordshire	54.84
1957	Michael Ellis	Middlesex	57.61
1958	Michael Ellis	Middlesex	57.79
1959	Michael Ellis	Middlesex	60.90
1960	Michael Ellis	Middlesex	62.55
1961	Howard Payne	Warwickshire	57.67
1962	Howard Payne	Warwickshire	58.97
1963	Howard Payne	Warwickshire	58.89
1964	Howard Payne	Warwickshire	59.21
1965	Howard Payne	Warwickshire	57.19
1966	Howard Payne	Warwickshire	59.84
1967	Howard Payne	Warwickshire	61.34
1968	Howard Payne	Warwickshire	61.54
1969	Howard Payne	Warwickshire	65.38
1970	Howard Payne	Warwickshire	65.99
1971	Howard Payne	Warwickshire	64.88
1972	Barry Williams	Cheshire	64.92
1973	Barry Williams	Cheshire	66.42
1974	Howard Payne	Warwickshire	66.48
1975	Paul Dickenson	Middlesex	64.78
1976	Paul Dickenson	Berks/Bucks/Northants/Oxon	69.56
1977	Jim Whitehead	East Midlands	62.70
1978	Ian Chipchase	North Eastern Counties	63.52
1979	Paul Dickenson	Middlesex	66.02
1980	Ian Chipchase	North Eastern Counties	62.98
1981	Martin Girvan	Essex	67.66
1982	Paul Dickenson	Buckinghamshire	66.14
1983	Michael Jones	Sussex	63.98
1984	Shaun Pickering	Hertfordshire	66.68
1985	Matthew Mileham	Middlesex	72.80
1986	Dave Smith	Humberide	68.20
1987	Stuart Rogerson	Lancashire	63.64
1988	Paul Head	Essex	68.22
1989	Gareth Cook	Surrey	66.30
1990	Michael Jones	Sussex	69.58

1991	Michael Jones	Sussex	65.94
1992	Paul Head	Essex	70.02
1993	Paul Head	Essex	73.44
1994	Michael Jones	Sussex	68.28
1995	Dave W Smith	Humberside	68.18
1996	Dave W Smith	Humberside	75.10
1997	Dave W Smith	Humberside	68.22
1998	Dave W Smith	Humberside	68.82
1999	Bill Beauchamp	Middlesex	70.06
2000	Paul Head	Essex	70.90
2001	Dave W Smith	Humberside	68.45
2002	Paul Head	Essex	67.98
2003	Bill Beauchamp	Middlesex	69.06
2004	Andy Frost	Hampshire	68.73
2005	Mike Floyd	Gtr Manchester	66.23
2006	Mike Floyd	Gtr Manchester	64.43
2007	Mike Floyd	Gtr Manchester	67.74
2008	Simon Bown	Essex	66.98
2009	Mike Floyd	Gtr Manchester	66.92
2010	Peter Smith	Humberside	66.33
2011	Alex Smith	Humberside	70.84
2012	James Bedford	Humberside	67.14
2013	James Bedford	Humberside	70.55
2014	Michael Bomba	Merseyside	68.29
2015	Chris Shorthouse	Nottinghamshire	69.08
2016	Taylor Campbell	Berkshire	68.59
2017	Callum Brown	Norfolk	69.13

WOMEN

1995	Lyn Sprules	Middlesex	52.86
1996	Esther Augee	Kent	49.48
1997	Ann Gardner	Northamptonshire	52.02
1998	Rachael Beverley	North Eastern Counties	56.71
1999	Rachael Beverley	North Eastern Counties	59.06
2000	Christina Bennett	Surrey	52.12
2001	Lyn Sprules	Middlesex	59.05
2002	Lyn Sprules	Middlesex	60.39
2003	Shirley Webb	(n/s)	58.97
2004	Suzanne Roberts	Yorkshire	58.03
2005	Laura Douglas	N Wales	59.93
2006	Lesley Brannan	N Wales	58.81
2007	Zoë Derham	Gloucestershire	64.82
2008	Laura Douglas	N Wales	57.88
2009	Laura Douglas	N Wales	63.17
2010	Hannah Evenden	Yorkshire	52.19
2011	Laura Douglas	N Wales	60.28
2012	Zoe Derham	Gloucestershire	64.50
2013	Shaunagh Brown	Kent	63.44
2014	Louisa James	Sussex	58.38
2015	Sarah Holt	Leicestershire and Rutland	63.60
2016	Rachel Hunter	W Scotland	62.74
2017	Susan McKelvie	Scotland East	61.80

