

WEIGHT THROWING

35 LB WEIGHT as at 13 Dec 2014

23.64 i	Robert Weir	4.02.61	1	Hanover NH, USA	9 Jan 1983
	23.06		1	Dallas TX, USA	5 Feb 1983
23.08	Matt Mileham	27.12.56	1	Fresno CA, USA	16 Feb 1985
23.07i	Nick Miller	1.5.93	2	Albuquerque NM, USA	14 Mar 2014
21.68	Shaun Pickering	14.11.61	3	Los Gatos CA, USA	18 Jan 1986
21.31 i	Karim Chester	6.11.84	5	Fayetteville AR, USA	11 Mar 2005
20.24	Shane Peacock	5.03.63	2	Solihull	18 Mar 1990
20.17	Paul Buxton	23.11.56	1	Pullman WA, USA	25 Feb 1979
19.89	Andy Frost	17.04.81	3mx	Hull	11 Oct 2009
19.84	Mick Jones	23.07.63	4	Solihull	18 Mar 1990
19.71	Mark Dry	11.10.87	1	Bedford	9 Oct 2011
19.47	David Smith I	21.06.62	1	Grendon Hall	29 Sep 1985
19.30	Paul Head	1.07.65	1	Grendon Hall	5 Oct 1986
19.20	Andrew Tolputt	12.10.67	2	Grendon Hall	5 Oct 1986
19.20	Nick Percy	06.12.94	2	Lincoln, Nebraska USA	13 Dec 2014
19.05	Malcolm Fenton	12.02.56	3	Grendon Hall	5 Oct 1986
19.03	Chris Black	1.01.50	4	Grendon Hall	5 Oct 1986

20 LB WEIGHT

20.63	Shirley Webb	28.09.81	1mx	Eton	2 Oct 2005
18.74 i	Ade Oshinowo	12.02.80	2	Ames IA, USA	1 Mar 2002
17.99	Rachel Hunter	30.08.93	1	Hull	12 Oct 2013
17.94	Sophie Hitchon	11.07.91	5mx	Hull	11 Oct 2009
17.70 i	Liz Pidgeon/Carter	27.04.77	1	Blacksburg VA, USA	21 Feb 1999
	17.12		1	Charleston SC, USA	5 Dec 1998
16.72	Emma O'Hara (GBR>IRE)	3.04.95	1	Boston MA, USA	7 Mar 2014
16.54i	Andrea Jenkins	4.10.75	2	Budapest HUN	27 Mar 2014
16.33	Louisa James	5.07.94	1	Bedford	14 Nov 2010
16.23	Zoë Derham	24.11.80	6mx	Birmingham	4 Feb 2006
16.13	Lesley Brannan	13.09.76	6mx	Birmingham	17 Dec 2005
15.44	Rebecca Keating	31.8.97	1	Hull	19 Oct 2014
15.26	Laura Douglas	4.01.83	8mx	Birmingham	4 Feb 2006

Juniors (U20)

35 LB WEIGHT

19.20	Andrew Tolputt	12.10.67	2	Grendon Hall	5 Oct 1986
19.01i	Nick Miller	1.05.93	1	College St'n TX USA	24 Feb 2012

25 LB WEIGHT

23.62	Michael Painter	9.10.94	1	Norwich	8 Sep 2012
23.31	Alex Smith	6.03.88	2mx	Eton	8 Oct 2006
23.20	Peter Smith	20.07.90	1mx	Hull	11 Oct 2009
23.12	Nick Percy	06.12.94	1	Hull	13 Oct 2013
22.78	Amir Williamson	10.04.87	1	Mayesbrook Park	17 Sept 2006
22.48	James Bedford	29.12.88	1	Eton	

20 LB WEIGHT (JUNIOR WOMEN)

17.94	Sophie Hitchon	11.07.91	5mx	Hull	11 Oct 2009
16.72i	Emma O'Hara (ENG->IRE)	3.04.95	1	Boston MA, USA	7 Mar 2014

16.33	Louisa James	5.07.94	1	Bedford	14 Nov 2010
15.44	Rebecca Keating	31.8.97	1	Hull	19 Oct 2014
14.94	Liz Pidgeon/Carter	27.04.77	3	Conway SC, USA	4 Oct 1996
unconfirmed					
15.40	Liz Pidgeon/Carter	27.04.77		Columbia SC, USA	1996