



# The Hammer Circle

The Association of  
British Hammer Throwers  
Founded 1952



## THE HAMMER CIRCLE INTERMEDIATE LADIES CUP

This trophy is awarded for the

**longest throw of the year by an Intermediate Lady**

2001 to 2013 with 4kg then 2014 onwards U17's threw the 3kg

### WINNERS

2001	42.49	Sarah Holt U15 3kg
2002	41.06	Sarah Holt
2003	47.90	Sarah Holt
2004	48.54	Anna Johnson
2005	39.91	Lucy Tattersall
2006	48.79	Hayley Murray
2007	54.56	Sophie Hitchon
2008	46.66	Helen Broadbridge
2009	52.27	Abbi Carter
2010	55.44	Abbi Carter
2011	47.05	Sarah-Jane Anthony
2012	50.81	Rebecca Keating
2013	52.56	Rebecca Keating
<i>Change of weight for U17s to 3kg</i>		
2014	57.37	Amy Herrington
2015	63.08	Katie Lambert
2016	65.06	Katie Head
2017	63.23	Tara Simpson-Sullivan
2018	63.89	Charlotte Payne
2019	57.33	Lara Moffat
2020	56.91	Lara Moffat
2021	55.26	Lily Murray

